top deals.

JUN 29 - JUL 12, 2022





3.99
Garden of Eatin'
Tortilla Chips
16 oz., selected varieties

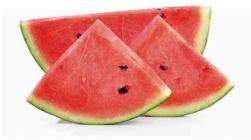




2/\$6
Angie's
Boomchickapop
Popcorn
4.4-7 oz., selected
varieties



4.99
So Delicious
Dairy-free Frozen
Dessert
1 pint, selected varieties



Enjoy your BBQ with deals from the co-op.

Summertime snacks for all.



79¢
Brown Cow
Cream Top
Yogurt
5.3 oz., selected varieties





better for you and the planet

The plant-based Beyond Burger enables you to eat what you love without having to compromise on taste, health or sustainability — making it a must-have for summer grilling.

3.99

Beyond Meat Beyond Burgers



2/\$7 Silk Plant-based Milk 64 fl. oz., selected varieties



4.99
Field Roast
Plant-based
Sausages
12.95 oz., selected
varieties



6.99
Bubbies
Kosher Dill
Pickles
33 fl. oz., selected
varieties



the original organic hummus

HOPE Hummus is the original organic hummus and the only hummus brand made with 100% organic extra virgin olive oil. Try HOPE for a flavor difference you will taste.

2/\$7

Hope Foods
Organic Hummus

8 oz., selected varieties



3.99
Honey Mama's
Cocoa Truffle Bar
2.5 oz., selected varieties



The co-op has backyard meal favorites.



2/\$9
Bitchin' Sauce
Almond Dip
8 oz., selected varieties



5.99Wildbrine
Organic
Sauerkraut
18 oz., selected varieties





3.99
Upton's Naturals
Seitan
8 oz., selected varieties



4.99
Forager Project
Organic
Cashewmilk
Yogurt
24 oz., selected varieties



5.49 Grillo's Pickles 32 fl. oz., selected varieties



The co-op makes lunch easy.

Delicious sandwich fixings.



4/\$5
Fage
Greek Yogurt
5.3 oz., selected varieties







4.99
Organic Valley
Sliced Cheese
6-8 oz., selected
varieties



Violife
Just Like Cheese Shreds
8 oz., selected varieties

Healthy lunch ingredients are at the co-op.





Woodstock Frozen Vegetables 10 oz., selected varieties



Good Pops.
Good purpose.

The "Good" in our name isn't just about the ingredients we use or the way our products taste — it's an integral part of our company's mission and dedication to using our frozen treats as a vehicle to do social, environmental good.

Goodpop **Frozen Pops**

4-8 ct., selected varieties



Frozen favorites for hot summer days.

Cool off and save at the co-op.



more love, more euphoria

Perfectly euphoric for dessert lovers looking for the classic Ben & Jerry's Chunks & Swirls. Dig into peace, love and ice cream.

Ben & Jerry's Ice Cream

1 pint, selected varieties



Wyman's Frozen Wild Blueberries 15 oz.



Shop the co-op's frozen section.



2/\$7
Annie's
Organic Dressing
8 fl. oz., selected varieties



sunkissed in the Mediterranean

Bring the Mediterranean flavor to your table with 100% authentic Greek Mediterranean Organic Olives! Organically grown and harvested olives that are perfect for a light snack or to complement your favorite dish!

3 9 9 Mediterranean Organic Olives

8.1-8.5 oz., selected varieties



2/\$6
San-J
Cooking Sauce
10 fl. oz., selected varieties



2/\$6
Amy's
Organic Refried
Beans
15.4 oz., selected
varieties



6.99
Carbone
Pasta Sauce
24 oz., selected varieties



No added sugar? Sweet.

Get more flavor this summer with condiments made with real, delicious ingredients.

6.99

Primal Kitchen Avocado Oil Mayo

12 fl. oz., selected varieties



2.79
Wild Planet
Skipjack Tuna
5 oz., selected varieties

The co-op has great summertime deals.



Share a meal together from the co-op.

The co-op has you covered all summer long.



2/\$6
Lily's
Chocolate Bars
2.8-3 oz., selected varieties



find your flavor

Zevia makes finding your favorite flavor FUN. Always zero sugar, zero calories and naturally sweetened, our better-for-you beverages are perfect for the whole family.

4.49

Zevia Zero Calorie Soda

6 pk.-12 fl. oz. cans, selected varieties



Snacks for the whole family are at the co-op.

Tasty snacks and drinks.



2/\$6
Kettle Brand
Potato Chips
5 oz., selected varieties





2/\$4 Essentia Ionized Water 50.7 fl. oz.



4.49

Waterloo Sparkling Water 12 pk.-12 fl. oz. cans, selected varieties

Find cold drinks and great snacks at the co-op.



2.79
From The Ground Up
Cauliflower Snacks
3.5-4.5 oz., selected varieties



clean energy, same product - new look!

Yachak Organic is yerba mate derived from the South American rainforest holly tree. Naturally caffeinated, Yachak Organic is also certified fair trade, non-GMO, USDA Certfied Organic and gluten free.

3/\$5 Yachak

Organic Energy Tea
16 fl. oz., selected varieties





2/\$5
Lesser Evil
Organic Popcorn
5-7 oz., selected
varieties



3.99
C2O
Coconut Water
33.8 fl. oz., selected varieties



Dr. Bronner's Magic All-One Chocolate pairs world-class Swiss chocolatiers with fairly treated cocoa farmers practicing regenerative organic agriculture. Six flavors — all vegan, 70% cocoa, sweetened with coconut sugar and perfectly balanced!

2/\$7

Dr. Bronner's Organic Magic All-One Chocolate Bars

2.93-3 oz., selected varieties



Q Drink
Drink Mixers
4 pk.-7.5 fl. oz. cans, selected varieties

Find summertime favorites at the co-op.



2/\$7
Nature's Path
Organic Toaster
Pastries
11 oz., selected varieties



2/\$7
Nature's Path
Organic Cereal
10-14 oz., selected
varieties



2/\$7 Califia Farms Shelf Stable Almondmilk 32 fl. oz., selected varieties



5.99R.W. Knudsen Just Juice
32 fl. oz., selected varieties



2/\$7
Barnana
Organic Plantain
Chips
5 oz., selected varieties



2/\$3
Vermont Smoke & Cure
Meat Sticks
1 oz., selected varieties



LUNA® bars are a must-have on a perfect summer's day. With 8 grams of gluten-free protein, you'll have all the energy you need!



Luna
Nutrition Bars
1.69 oz., selected varieties



Chobani
Shelf Stable Oatmilk
32 fl. oz., selected varieties



2.29

Organic Garbanzo Beans per pound in bulk 5.49

Organic Pumpkin Seeds per pound in bulk 10.99

Organic Unroasted Almonds per pound in bulk







The co-op has energizing snacks.



8.99

Alba Botanica Sunscreen

4 fl. oz., selected varieties

-fresh-grown organic gummies



MyKind Organics Women's and Men's Gummies are Certified USDA Organic, Non-GMO Project Verified, certified vegan, certified gluten free and made with nine whole fruits in each bottle!

24.99

Garden of Life
Mykind Organics
Multivitamin Gummies

120 ct., selected varieties



2/\$11

Acure Shampoo or Conditioner 8 fl. oz., selected varieties



20.99

Jarrow Formulas Saccharomyces Boulardii Plus MOS Probiotic



30.99

Solaray Mycrobiome Women's Probiotic 30 ct.

clean laundry is a breeze

KEEP IT FRESH

When the air is fresh, take advantage of it and hang your laundry outside to dry. You'll save on electricity while helping the environment, too. The co-op has laundry products that are eco-friendly, so look for home care products for all your home cleaning needs.





2/\$6
Seventh
Generation

Generation
Liquid Dish Soap
19 fl. oz., selected
varieties



11.99

Ecos Liquid Laundry Detergent 100 fl. oz., selected varieties

Home and body care options are at the co-op.

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

Common Ground Food Co-op Dill Pickle Food Co-op Green Top Grocery Neighborhood Co-op Grocery Sugar Beet Food Co-op

INDIANA

3 Rivers Natural Grocery Bloomingfoods Market and Deli Maple City Market

New Pioneer Co-op Oneota Community Co-op Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Grain Train Natural Foods Market GreenTree Co-op Market Keweenaw Co-op Market & Deli

Marquette Food Co-op Oryana Community Co-op People's Food Co-op - Ann Arbor PFC Natural Grocery & Deli Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op City Center Market Cook County Whole Foods Co-op Eastside Food Cooperative Good Earth Food Co-op Hampden Park Co-op Harmony Natural Foods Co-op Just Food Co-op Lakewinds Food Co-op Linden Hills Co-op Mississippi Market Natural Harvest Food Co-op People's Food Co-op - Rochester River Market Community Co-op Seward Community Co-op Spiral Food Co-op St. Peter Food Co-op & Deli

Valley Natural Foods Wedge Community Co-op Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

Natural Abundance Food Co-op Sioux Falls Food Co+op

WISCONSIN

Basics Cooperative Natural Foods Chequamegon Food Co-op Menomonie Market Food Co-op Oshkosh Food Co-op Outpost Natural Foods Co-op People's Food Co-op - La Crosse Viroqua Food Co+op Whole Earth Market Co-op Willy Street Co-op



to find a food co-op near you, visit us online at: grocery.coop





Woodstock Lump Hardwood Charcoal 8.8 lb.



3.29 Field Day Compostable **Cutlery Variety** Pack 24 count



Field Day Renewable Fiber **Plates** 30 count

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations



